

Two Creeks

Unscented Goat Milk Soap (makes 4-5 lbs or 19 medium-size bars)



16 oz goat milk soap (frozen, slushy)
6 oz lye

15 oz canola oil
12 oz coconut oil*
12 oz lard
4 oz olive oil

½ cup ground oatmeal (I use a coffee mill)
1 oz rosemary oil

* For a harder, longer lasting soap, I substitute 1 oz of beeswax for 2 oz of coconut oil.

Melt the solid oils and beeswax on low heat. Add the liquid oils. Remove from heat.

Slowly add the lye a bit at a time to the slushy milk, stirring constantly. The mixture should be a bright butter colour when all the milk is melted and the lye mixed in.

Add the lye/milk mixture to the oil. Stir to incorporate. I use a stick blender to thoroughly mix and to speed trace. At light trace, add oatmeal and rosemary oil. Blend well.

Pour into mold. I use one wooden log mold that I then place in the freezer for a couple of hours. Remove from freezer and let sit for 2 days. Unmold and cut bars. Let the bars air dry for 6 weeks before use.

Note: use standard safety precautions when handling lye.